



My son rode at HHHH, for over 11 years, and the change in him was amazing! He learned how to balance, ride his bike, gain friends, gain responsibility, receive sensory input and his self-confidence was given a boost. If he had a bad day at school or was upset before riding, he was always still welcomed with open arms. On the way home after his sessions, he would thank me for taking him, as he was calm and his worries gone. Deb, Heather and the rest of the folks he worked with have become like family!



I have a son whose early years were filled with loss and significant trauma. He lives with a myriad of diagnoses including developmental delay, cognitive impairment, mental health issues and PTSD. After being a bystander for years while his sibling participated in equine therapy, this son also got his turn! It was heartwarming to see the change in his confidence and self-esteem. Heather, who had known him for 8 years, spent time working with him. After just a few sessions, I will never forget her comment "this is the first time I have ever seen him smile!" What more could a mom ask for? My son was genuinely happy!